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GHATKOPAR JOLLY GYMKHANA

Marathon & Fitness Sub-Committee



SEASON : 2026-2027

FOR NON-MEMBERS

ENROLMENT CUM SELF DECLARATION FORM

Name of Participant: _____

Recommended by Jolly Member's Name _____ LM/AM No. _____

Jolly Member's Sign _____

Sr.No	CREDENTIALS	TATA MUMBAI MARATHON 2026 (TMM 2026) TIMING, if ran by you, ELSE TICK <input checked="" type="checkbox"/> NA	
1	Sex <input checked="" type="checkbox"/> Male <input type="checkbox"/> Female	Marathon HM / FM / NA	____: ____: ____
2	Date of Birth (dd/mm/yyyy) ____/____/____	Age as on 1st February 2026	_____years
3	Residential Address (Please write down in CLEAR HANDWRITING)		
4	Email id. :		
5	On Emergency	Name of Contact Person :	Mobile No.
6	Payment of Fee Details	Cheque No. /Cash :	Bank : Rs. 20,000/-
7	Stress Test Report	By Dr.	Dated:

Please the Training programme you wish to undergo during the current season

2026-2027

Full Marathon 42 Kms <input type="checkbox"/>	Half Marathon 21 Kms <input type="checkbox"/>	10 Kms <input type="checkbox"/>
Ultra <input type="checkbox"/>	Fitness <input type="checkbox"/>	

Health related self-declaration: Please answer the question in the box below:

During the last 5 years, have you ever had a surgery &/or suffered from a decease/medical condition like heart attack, high blood pressure, anaemia, leukaemia, chest pain, shortness of breath, epilepsy/fits, migraines, hernia/rupture, hepatitis, cirrhosis, speech defects, hearing impairment, nervous or mental condition, stress / depression, back / neck / shoulder / leg / feet pain /injury, arthritis, allergies, psoriasis, eczema, &/or lost time from effective work /school/college due to fatigue/ sleeplessness / injury / hazardous work environment &/or made any claim against the employer/availed superannuation due to injury, &/or occasionally taken illicit or stimulants/sedatives/drugs/alcohol regularly/occasionally, or aware of any of your condition that affect your perform your duties.

P.T.O

Participants's General Self-Declaration:

I _____, hereby declare that (i) the above information is based on my medical report and are TRUE and CORRECT to the best of my knowledge and belief, (2) I am also fully aware that I may be exposed to undergo rigorous physical training including long distance practice runs and some qualifier races as may be required during the year for the training programme I opted for, (3) I am solely responsible for my decision to opt & undergo the above training programme, (4) I shall not hold Ghatkopar Jolly Gymkhana (GJG) &/or the Coach/es or others responsible for any of my health-related issue or otherwise that may arise whenever and/or wherever before and/or during and/or after the above training programme sessions, (5) **I AGREE & AFFIRM that I SHALL (I) NOT BE ELIGIBLE** to (a) claim for issuance of GJG membership for having been admitted to the above training programme at GJG, (b) access to any of the sports, infrastructure, entertainment or any other facilities of GJG at any time before and/or after the above training sessions,(II) **exclusively be allowed to use** those facilities at **GJG ONLY during the above training sessions** as may be allowed by GJG /coach/es, (III) **UNDERGO a STRESS TEST under a qualified & practising intervention cardiologist and submit the LATEST report thereof from him/her, along with this form without fail, subject to which only I agree that my admission to the above training programme has been granted by GJG**

Place :

Date:

Signature of the Participant ↓